

Avocado Dip

By Mihaela Telecan

Ingredients:

- 2 ripe avocados
- 2 garlic cloves, crashed
- ¹/₄ small onion, finely chopped
- 2-3 table spoons Cilantro finely chopped
- 1 lemon's juice
- Salt and pepper to taste

Instructions:

- 1. Peel and cut avocado in small pieces
- 2. Place it in a bowl
- 3. Add garlic, onion, cilantro, salt pepper and lemon juice
- 4. Use a fork and mash all the ingredients together.

